

Untold Italy Episode 305: How to Tour Sicily - Beyond Sightseeing to the Heart of the Island

Sicily is in Italy, but it's a place like no other. In Sicily, you'll find layer upon layer of culture and history, a smouldering volcano, spectacular coastline and some of the world's most delicious food and wine. But how do you reach the island's beating heart? Find out on this episode of the Untold Italy podcast.

Ciao a tutti and Benvenuti to Untold Italy, the travel podcast, where you go to the towns and villages, mountains and lakes, hills and coastlines of Bella Italia. Each week, your host Katy Clarke takes you on a journey in search of magical landscapes of history, culture, wine, gelato, and, of course, a whole lot of pasta. If you're dreaming of Italy and planning future adventures there, you've come to the right place.

Katy Clarke:

Buon Anno! Happy New Year friends. I'm Katy, founder of Untold Italy. We're a modern travel company that assists independent travelers with one-to-one trip planning services, and our travel app is full of curated recommendations for the whole of Italy - from the top of the boot to the toe. We also host intimate small group journeys across regional Italy to places like Sicily, where we are taking a virtual trip today.

Sicily is one of the most exciting places on earth in my opinion, but there are a few things to know to make the most of your time there. Let's find out in today's episode.

Katy Clarke:

Ciao Liv. Buon Anno.

Olivia Windsor:

Ciao, Katy. Ciao, everyone. Happy New Year.

Katy Clarke:

Happy New Year. Another spin around the sun and more exciting trips to Italy. Right. And today we're headed to the mesmerizing island of Sicily, and it's a place that we both love. And I would say even if you have been to many places on the mainland of Italy, you'll be so excited by what you find in Sicily. So what we thought we'd do today is paint a picture of the Sicily that we love and how we approach exploring there when we're on tour with our Untold Italy guests. Sicily is one of those places that people are intrigued by and they want to learn more about. So even if you're not joining us on tour, you'll find this helpful and inspirational as we will talk about the places that we visit and experiences that we have there.

Untold Italy travel podcast transcript. [Visit our website](#) for show notes and all episodes

Katy Clarke:

So, Liv, to kick things off, can you tell everyone about the feeling that you get when you're in Sicily that's, you know, maybe perhaps a bit different to the other parts of Italy?

Olivia Windsor:

Absolutely. Yeah. For. For us, I think Sicily feels so alive. It's exciting. There's this vibrance about Sicily. An explosion of color. It's a very energetic place, and I think fueled by Mount Etna - that's kind of always looming and watching over. The Sicilians refer to Mount Etna as the mother.

Olivia Windsor:

And you really feel that presence wherever you are in the island.

Katy Clarke:

Yeah, I love that energy. I think energy and vibrancy is something that is really some of the key words that come to mind when think of Sicily. And it's not just about one thing. It's about the whole melange, the melting pot, all the food, the landscapes, the environment. And I don't know. Like, I. When I think of Sicily, I just really get excited.

Olivia Windsor:

I agree. It is such an exciting place, like nowhere else in the world.

Katy Clarke:

Yeah. And even in Italy, I think it's. It's definitely like its own special pocket of Italy, and that's a lot to do with the culture and the layers of culture from different waves of immigration there, there. So the Greeks, the Romans, the Arabs, the French, the Normans.. everyone's been there! They're all adding their little bits of excitement. So that's what makes Sicily, to me, so exciting. But are there any moments that you can remember from any of the times that you spent there? Because you've been there quite a lot - what really captures this energy and this feeling that you have when you're in Sicily?

Olivia Windsor:

I think one of my most wow moments of 'only in Sicily' was being at a winery on Mount Etna, and it's just like nowhere else. I mean, you are on a winery on a volcano, and that is just. I mean, where else can you have that experience, really? And meeting the winemaker and walking through the vineyards, and it's just - you're in touch with nature. You. You're in touch with people, you're in touch with culture in this kind of, yeah, very exciting place on a volcano. So that's one of the moments that always sticks with me.

Olivia Windsor:

And I think a lot of people don't realize that there are actually wineries on that volcano, too, on the slopes of the volcano, I should say. So that's a really wow moment. And then it's also, for me, always in Sicily, about the people that you meet. And there's so many amazing artisans. And one of the artisans we visit on the tour in Ragusa, you walk down these sandy,

sandy kind of cobblestone streets in the baroque town of Ragusa, and you step into, like, an explosion of color into this artisan's workshop, and there's pops of red and blue, and there's giant big wheels, because they're Sicilian cart builders. Every inch of the wall is adorned with these black and white photos from all the years that these artisans, ancestors, and themselves have been keeping alive the tradition of restoring the Sicilian carts. And that is, I think, a really wow moment as well.

Katy Clarke:

There's so many moments that I can think of, and one of them, for me was walking through the streets of Messina at Eastertime with our family and being part of this celebration that happens every year that's been going on for decades, centuries, who knows? But they have these little rituals and celebrations that are just so special. And in a world where we just kind of like we're letting go of some of those things, I feel like it's really grounding to be part of those moments. And so Sicily just does those very well. They have that real sense of community and coming together. And even if it's just that passeggiato at a nighttime, like, if you walk through the streets of Catania, which is one of the biggest cities there, like, you just get this really nice vibe. Everyone's out having a walk and enjoying warm night air. And, you know, there's something that's very energetic about that that I feel.

Katy Clarke:

Anyway, so you've spoken to a lot of people that wanting to go to Sicily. What do you think that they actually want when they. When they want to go there?

Olivia Windsor:

Yeah, it's different, I think, Sicily compared to some of the other regions, because a lot of our guests or people wanting to come to Sicily are looking for this feeling of coming home. So oftentimes they have ancestry and it could be, you know, several generations back that they have this Sicilian ancestry. And so, yeah, I think a lot of our guests are really searching for this feeling of understanding, their identity, their cultural heritage and, yeah, just this feeling of coming home. And then, of course, we have guests who are interested in Sicily who don't have any ancestry as well, and they're just drawn to this idea of the energy and the excitement of Sicily and wanting to feel this real hospitality that Sicilians are famous for.

Katy Clarke:

And White Lotus has a lot to answer for. I know I've watched that series and, you know, I think it's great entertainment and it's really driven an interest in Sicily. But I think for me, it's not really giving the vibes that I really love about Sicily. I mean, it's got those gorgeous, you know, that five-star hotel and the beach and, and all of that. But it's also like, just to let you know, spoiler alert. Sorry, everyone, but that beach is not the actual beach because they filmed that in a different part of Sicily, which is not Taormina, is actually Cefalu. So a bit of artistic license there. But, you know, like, White Lotus did show Sicily and it showed how.

Katy Clarke:

Well, maybe I think it did a good job in the fact that it showed that it's not all rustic. So maybe people have this point of view that it's all rustic there and, you know, a little bit crazy and chaotic, which, I mean, there is that, but it's also got a very glamorous side and a very beautiful side to it as well. So, you know, maybe we can thank White Lotus for that. But as always, when it's in the movies, it's giving a particular point of view, I guess.

Olivia Windsor:

Yeah, agree, agree.

Katy Clarke:

So I think what other people are looking for when they go to Sicily, just from my conversations with people over the years, is that they want to also, like, get around and see a lot of stuff. Because I think when you look at the island, it looks pretty small and you can think, oh, that's not bad, that's easy to do. But the things about Sicily is everything - is like, there's so much jammed into a small island. Like when we've been crafting our tours, we're like, oh, we don't want to leave that out, but I don't know how we can fit that in. You know, because there's just so much to see and do there that you. It's not even possible in two weeks. Not even, like.

Katy Clarke:

Yeah, I think people are looking for that. And they also, like, when they look at Sicily, they think, oh, gosh, like, how do I do this? Because you definitely need a car if you want to go outside main places. If you're just going to Catania and Palermo and Taormina, you don't need a car. But if you want to go and really feel part of the action in the other parts of Sicily, which we can argue are pretty exciting, you were going to need a car or you're going to need to have some other form of transport, right?

Olivia Windsor:

Absolutely, yeah. It looks so small on the map, but it's also slow to get around, too. And the routes that you need to take to get from place to place, it's really deceiving. And even if Google Maps might tell you you'll be there in two hours, add an extra hour on, because you might run into a traffic jam of goats, for example, on the road in front of you.

Katy Clarke:

Exactly. Or even just the bendiness...

Olivia Windsor:

Yeah.

Katy Clarke:

...of the roads and the quality of the road. Sometimes that can be a bit challenging. I think I wanted to look back and think about what I wanted from my trip to Italy. And, you know, I just am so attracted by that raw energy that comes from. Maybe comes from the volcano, who knows? Also, I feel like it comes from the people. And, you know, because I love history

and I love all those layers that they have there. That's a really big draw card for me, just to get soaked up into that and the food and the wine, because I'm a big seafood lover.

Olivia Windsor:

It's arguably the best food in Italy, in Sicily, although every region will tell you that, but Sicily is up there.

Katy Clarke:

But I think it's because it's quite varied, like those flavors coming in from, you know, and you have couscous and seafood and saffron, Arab flavors.

Olivia Windsor:

Even the wine. I mean, thanks to Mount Etna.

Katy Clarke:

Yeah, exactly. So if I was to sum that up, I guess I would say I really wanted it all. I just wanted. I wanted all of it. And I wanted to feel really part of what was going on around me. And so when I, you know, had those experiences with our relatives there in Messina, I was very. I mean, I did feel part of it. It was quite amazing, really.

Katy Clarke:

And it's an experience that I wish for everyone, actually.

Olivia Windsor:

Yeah, absolutely.

Katy Clarke:

Is there a feeling that you wanted when you went to Sicily, because you've been there quite a few times now.

Olivia Windsor:

I think, as well - yeah - that feeling of being swept up in it was something that we wanted to create, recreate for our guests, but also to be gently guided by the hand, because Sicily can be a little bit overwhelming and, you know, it's exciting - it's a bit chaotic, especially in some of the big cities like Palermo and. And Catania, and that can be a little, perhaps intimidating for someone who doesn't speak the language or has never been to Italy before. So I think we wanted to have - well, I wanted our guests to have this being swept up into the energy, but with our friendly hosts, who can really foster connections with the local people, can create dialogue between the locals and the guests. Because you can visit Sicily by yourself.

Olivia Windsor:

Of course, you can, but you're not going to be swept up in the same way if you're visiting places outside of Taormina, just also for the simple fact that you don't speak the same language. And this is one of the regions where, you know, outside of Taormina, they're not

going to speak a lot of English. So, yeah, this being swept up into the energy, but with, you know, a friendly host who can help you participate in that energy, too.

Katy Clarke:

Yeah. I just heard recently that they've done another study of English language adoption in Europe, and actually Italy is at the very bottom, and that includes Baltic states and the European Union and everything. And there's a lot of complex reasons for why Italian English isn't great. But, you know, if you're sticking to places like Tuscany and Rome and Florence, you probably won't run into this problem. But when you're out in Sicily, this is... it's not a problem because I think everyone should be speaking their own language, and, my gosh, it's beautiful. But you will have a different experience if you are able to communicate with people in a. In a way beyond buongiorno.

Olivia Windsor:

Well, exactly. You're stepping behind the curtain a little bit and really getting to understand the culture.

Katy Clarke:

Yeah. And it's just lovely. And so whichever way you do that. And then, I mean, it might be that you, you know, grab a day tour here or there, then you. You have tried to do that, or you, you know, do something, a longer trip, then I would recommend that highly to just have at least some time with a local who can explain some of the stories and share some of the really rich culture. And I'm not going to spoil it for you here, everyone, because this is an absolutely magical story that changes every time I hear it, which I love. - is the story of the Moor's heads. And, yeah, everyone's got their little spin on it, but it's always a beautiful story.

Olivia Windsor:

I agree.

Katy Clarke:

Okay, so that's actually a highlight for me is hearing those stories being told, actually that story, because it's such an important part of Sicilian culture. But, Liv, what are some of the other highlights of Sicily? That when we think about, you know, what we want people to get out of their time in Sicily and how we build them into our trip, what are some of those things that are just really special, that are those only in Sicily moments?

Olivia Windsor:

There's so many. One that comes to mind straight away is the vibrancy of all of the markets. So whether you're in Palermo, Catania, Ortygia - they have the most fantastic markets. The fish market in Catania, in particular, is this vibrant hum of activity and so many characters. I think Sicily is really fueled by the people and the characters that you meet. And you can see that all on display at the fish market in Catania. So that is, you know, something that we take our guests to go and see some of these exciting markets where all the action kind of happens. Contrasted with that, when you go into the kind of more quiet tranquility of the countryside.

Olivia Windsor:

And we go to one of our hosts, her friend has a cooking school in the countryside outside of Palermo, and you learn to make cannoli together. And you're there, you know, in this beautiful setting, making these freshly piped cannoli with the fresh ricotta. It's like nothing you've ever tasted before. So, you know, we've built that into our trip. Wineries as well - you know, I've mentioned being on Mount Etna and how exciting that is to be on the slopes of a volcano, sipping wine that's been fueled by this fertile volcano and chatting to the winemaker and walking through the vineyards. That is just a real pinch-me moment, I think. And it's like no winery experience that you will have anywhere else.

Olivia Windsor:

And then I have to say as well, something that we didn't have on our previous Sicily trips because they were only a week long, and now we've got, you know, a longer 12 day trip. We really wanted to include the Valley of the Temples. So Agrigento, it is one of the most visually stunning places and historic places to be. When you come out, you're at the very, very south of Sicily and you see these ancient Greek temples in impeccable condition. And it's just a real pinch me doesn't even capture the feeling enough because it's like you've stepped back in time. And so we had to include that on our trip to Sicily.

Katy Clarke:

Tell me more - because I think it's super important that people understand what. What to look for in something that is going to be very special. So when we walk through the Valley of the Temples, we're walking through with literally one of the best guides in Sicily. So what we want when we're doing this tour is to give you the feeling of, yes, you'll step back in time. What is this amazing place? Why did the people build these temples here? Who were they? What did they do? We're not going to be listing off dates. We really want to hear the story of it.

Katy Clarke:

And it's a very interesting way to, you know, to be in this industry that we're in, because it takes a lot of time to find those people that are really going to be able to tell those stories. Because in Italy, if you want to be a guide, you have to pass an exam. So everyone knows the facts. So it really comes down to how you tell the story and how you make those things come alive.

Olivia Windsor:

Yeah, exactly. And how you create a connection between yourself and the land and the people from the land. And that's where the magic is, I think. So it's that power of storytelling that Sicilians are quite good at, too.

Katy Clarke:

Oh, they're expert at it. And just to go back to the cooking class, when you were making the cannoli, this is special because you are not in a, like a commercial kitchen or anything. Like you said Liv, you're out in the countryside, you're at these friend's table, she's telling you the

stories. Is this when you're feeling part of Sicily, it is not just a cooking class, right? You're really getting stuck into the culture, hearing what is important. You know, coming from a family where we have Italian people in our family, like, I think it's hilarious how they talk about food and cooking - it's always, oh, like today we're putting two eggs in. But if it's a bit more, you know, humid, like you, you're going to adjust it.

Katy Clarke:

You may need to put a little bit of water, like. Yeah. I think in our culture, we're taught baking in particular is very precise. But they're giving it a totally different spin. They'll be like, no, you've got to feel what's in the air to understand what's going on around you. And it's a totally different thing than if you're following a recipe that's printed out on a sheet, in a class, which is fine. It's good. Don't get me wrong.

Katy Clarke:

But this is something special.

Olivia Windsor:

Yeah. And you hit the nail on the head. It's the feeling. They're very driven by the feeling of things and the emotion and the heart and the soul behind it. And I think that's what we love about Sicily, that when you're there, you kind of step into that as well.

Katy Clarke:

And I think it's the same at the markets, because anyone can take you for a walk through the market. But I mean, what I love. And I just love our hosts because they're all three of them that have either lived there...

Olivia Windsor:

Yeah.

Katy Clarke:

... or spent a significant amount of time in Sicily. And they are listening out for what the people are saying at the markets because it's hilarious. They're shouting at each other and telling each other off and making comments about people that are passing by, and they're translating that. You know, this is what this guy said, and. Oh, that was a little bit rude. Or. But it's more, you know, like the personal. And you do feel like I've got a little window into this lifestyle.

Olivia Windsor:

Yes, yes, exactly. Exactly Right. Our host do an amazing job of really bringing Sicily to life and these experiences to life for our guests.

Katy Clarke:

Oh, they're amazing. Another example for me is, like, when we arrive at a place, maybe we got there a little bit early than we planned or something, and then, you know, Giulia or

Henna or Sylvia will say, “oh, let's go get a coffee and a cannoli and just sit down and just watch everyone go past.” So what I love about our tours... you know, what happens is that you can be completely spontaneous and do things like that. And that's magic, actually.

Olivia Windsor:

Oh, it really is. And, you know, I mean, just another moment that happened on tour last year with one of our hosts, Giulia. We had a little bit of bad weather during. During the trip, and that was no problem because Giulia took our guests. She knew that they had ancestry from Sicily, and she arranged a spontaneous trip to a really interesting immigration museum all about some Sicilians that had emigrated to the States. And that was so impactful and meaningful to those guests. Some of them had real tears in their eyes because they felt like they were getting another window into the story of their ancestors. And Giulia was able to bring that to life for them.

Katy Clarke:

Yeah. They are just so passionate about people and about making sure that people have the experience that they want out of the places that they visit. And I think that's a very special and unique quality that all of them have. And so we have a kind of this mantra, 'must love people' - if they're going to be on it, because, you know, it takes a lot of energy to deliver that. And. But they do it in a really, you know, just an amazingly generous way.

Olivia Windsor:

Yeah.

Katy Clarke:

So, I mean, I know what I love about those experiences and going to see different winemakers on Mount Etna and all of those things. But what is it that the guests love? What are those moments that they, you know, really feel that they love?

Olivia Windsor:

So one of the moments that really sticks out for me was a couple of years ago when we took this group to visit a winery. And, yes, I know I'm talking about wineries a lot, but it wasn't just a winery. It was about meeting the family and the people behind the winery. So we met the winemaker, his wife and his mother, who prepared the most elaborate lunch spread for us, you know, and we dined in the middle of the vineyards. We weren't on a big commercial property with a really slick dining room or anything like that. It was real, it was raw. And the smile on our guest's face was as wide as you can imagine. We're walking through olive trees as well, because they also were making olive oil.

Olivia Windsor:

Olives and wine often go together. And the winemaker didn't speak any English, so I was doing all the translating, but it was as if it was, you know, the guests could understand just by looking at the emotion on the winemaker's face as he touched his plants and told this story of how everything was kind of connected between the nature and the people and how that was

going to kind of continue into the future. And, yeah, I think that was a moment that our guests just really kind of 'got it' and got Sicily. And, you know, it's through people that our guests have these experiences, because you can go and visit many wineries, many olive farms, but if you're not visiting ones where you're going to get to meet the people behind the product, it's a very different experience. So that really stays in my mind and stuck out for me. We visit a lot of farms and producers on our tours. And in Sicily, again, we visited another family-run farm just out of Palermo, where we went for lunch. And the same kind of story, stories of migration.

Olivia Windsor:

She was from the States, migrated to Sicily, where she met her Sicilian husband. Has written books about it. And we met the whole family and just there again, connecting with people. And you really, you can't do that by yourself. You really can't have that kind of experience where you really get to sit down at the table, break bread together, and have a chat about what it means to be Sicilian, what it means to live in Sicily, and where Sicily is going in the future, and how that kind of makes you reflect, I guess, on your own life and what you're doing in your rhythms, whether that's in the States or Australia or wherever you live. It makes you think about the life that you're living, too. And I think that's where it's really powerful for our guests, because it makes them reflect on themselves and think about things that maybe they've never thought about before, too. It's a really powerful experience.

Katy Clarke:

100%. And Olivia, you and I are both city slickers.

Olivia Windsor:

Yep.

Katy Clarke:

Through and through. We really are. We were just joking with our husband the other night, just like, you know, they would kind of like to do more sort of like earthy, naturey, camping experience. Like, oh, goodness me. But it's true that even if you don't have that, you can still appreciate it. And every time that I go somewhere and I see the passion that goes into creating an olive, you know, like, I don't know. I'm not seeing that same passion out of someone that's creating an Instagram post. Sorry.

Katy Clarke:

But it's just not happening. And there is years of dedication in history and passion, and I love to feel part of that. I. I really do.

Olivia Windsor:

Yeah, I agree. I agree.

Katy Clarke:

Okay. So, I mean, we got some big feelings there, Liv. I do actually get quite emotional, and we do have guests that really get emotional these. These things. And I say emotions are there to be felt, and so just lean into that. But let's switch gears a little bit, because people often get a bit stuck when it comes to Sicily about how to get there and, like, getting around. So I just wanted to give everyone some quick tips. So, essentially, the best thing to do for most people is going to be to fly into Rome and then get a connecting flight to Palermo or Catania.

Katy Clarke:

And that's pretty straightforward. And Rome airport is big airports, super efficient. In and out. There's lots of connecting flights per day. But there are some other options, and I think there's some, like, we just heard some new flights that are coming from the States direct into Catania, and even one that's going to Palermo out of JFK, actually. So that's pretty exciting. And hello, Canadian listeners. If you want to go to Sicily and you're in Montreal, there's going to be some new Air Canada flights starting up next year between May and October, I believe, going straight into Catania as well. So that's very exciting because it just, you know, like, when you're traveling that far, you know, every little hour makes a difference, doesn't it?

Olivia Windsor:

Absolutely, yeah.

Katy Clarke:

And so, you know, you can also get the ferry or the train down from home, and if you've got heaps of time, go crazy. Or you get the ferry from Naples, actually. But, you know, I don't know that that's particularly comfortable. I'm just saying.

Olivia Windsor:

No, it wouldn't be my preferred route.

Katy Clarke:

No, not mine either. But when you get there, I think we said at the start, you have to drive. Most of us don't have three months to explore. So if you want to get around, you need to have a car in Sicily. And I can tell you a few stories about that. I know, and I know Mary on our team has got some other great stories. Stories about flagging people down on country roads at night and things like that. Look, it's doable, it's fun. We did it, and we will do it again, in fact, in our family.

Katy Clarke:

But, you know, my husband speaks fluent Italian and I speak increasingly better Italian. And yeah, we have a lot of experience driving in Italy. So just, you know, as I said, it can be done. Absolutely. But if you feel like that's not the most relaxing thing that you could imagine, then definitely you need to choose your destinations fairly carefully or you would need to join some group tours.

Olivia Windsor:

Exactly. It's as simple as that. The first time I went to Sicily was without a car, and I will not recommend that to anyone.

Katy Clarke:

What happened?

Olivia Windsor:

It was just, you know, I didn't really speak Italian at the time. And even just navigating bus routes, I'm not even talking trains, because there were no train options, like changing bus as well. There weren't direct buses to get places. You need a lot of time to do it, and it was a little bit stressful, and I don't think that's the experience that you really want to have when you're traveling. You want to have a relaxing time, not a stressful one, where you're wondering where you are and where to connect and yeah, it's just not ideal.

Katy Clarke:

Okay, so just before we finish, like, Sicily is amazing. It is just a wonderful place. And I think everyone should go there at least once. But, you know, we've had some of our guests reactions to specific moments on tour. But, you know, what are they saying, you know, at the whole end of the experience? What are they saying about their time in Sicily?

Olivia Windsor:

For our guests, it's always the people. That's what they can't stop talking about, is the people they've met who've made them feel like family. And that's in their words. I felt like family. It's the region I notice the most, where people talk about family, and family is important to Italians in general. But in Sicily, it's just another layer of hospitality and being embraced and pulled into this Sicilian family.

Olivia Windsor:

Whether you're stepping into a local's home to break bread with them, walking through their olive grove, walking through their vineyards, you feel so welcomed into the experience. So I think it's that. And, you know, we've got guests that have had such an incredible time, not only in Sicily, but on tour in Sicily with us, that they're actually joining us again on tour in 2026. I mean, that's just incredible, too, because it's this experience that they want to feel that family and that home they're being. It's a return to home, I think.

Katy Clarke:

Absolutely. And shout out to Kevin and Marianne, we love you, and thanks for trusting us with your Italian adventures. It's a really a privilege to be part of that. So I love it. So when you're in Sicily, you want to feel like you belong. You can see all the places that you know in the glossy brochures. But I guess it wasn't until I had some of those really personal moments myself, like a guy yelling at us not to drive down his street because it was too narrow. But, you know, I really felt those true Sicilian vibes.

Katy Clarke:

So we're not going to let you be shouted at, by the way, but we will let you feel the spirit of Sicily. So Liv, when are our trips departing? In 2026.

Olivia Windsor:

So we go in May and October. So the first trip is the 5th of May to the 16th of May, and then our fall tour is the 1st of October to the 12th of October. And we think that's the best time to be in Sicily because Sicily does get extremely, extremely hot, and that's just not ideal for sightseeing and touring around. So we go in the Spring and the Fall, and our trips are booking up really fast, too. There's not many spots left if you want to come with in 2026. So do reach out if you have any questions.

Katy Clarke:

And so what would you say if people are just thinking about traveling to Sicily and just dreaming about it, what would you say they should do?

Olivia Windsor:

Embrace the moment, don't delay, and just dive into it. Dive into this melting pot of culture and food and archaeological wonders and excitement. Just seize the moment because we, you know, only do you have this one precious life and Sicily. You need to experience it at least once.

Katy Clarke:

Absolutely. Oh, my gosh, I'm so annoyed I can't go on this tour. I would love to go on every single one. But, yeah, it is a beautiful experience and you won't ever regret it, in fact. So I hope everyone has felt like they can feel the spirit of Sicily coming through here and how much we love it. And if you just reach out at any time, we're here to help if you want to come on tour with us. And also, we can also help if you are thinking and planning an independent trip. We've got ways to help you there too.

Katy Clarke:

So thanks everyone for listening and we'll put all of the details of the tour and the places that we mentioned into the show. Notes for this episode at untolditaly.com/305 for episode 305. Thanks Liv. Thanks for joining us and we'll see you again next time. Sounds great.

Olivia Windsor:

Thanks, Katy. Thanks, everyone. Ciao for now.

Katy Clarke:

Ciao.